



Trusted Adults 2.0

A Trusted Adult is someone who is reliable and dependable.

What additional characteristics of a Trusted Adult are important to you?



How to Identify a Trusted Adult:

- ▶ Is there someone in your immediate family who you are comfortable talking to, confiding in, or asking for help?
- ▶ You can also look beyond your immediate family to relatives, teachers, school counselors, other school staff, coaches, religious leaders and more.



Who are your Trusted Adults? (They can be at home, in school, or in your community)

Example: I'm choosing Mr. Edwards (my math teacher) because he is caring and a good listener.

I'm choosing _____ because they have these characteristics: _____

I'm choosing _____ because they have these characteristics: _____

I'm choosing _____ because they have these characteristics: _____

If you need to speak with someone immediately, please text or call 988.
If this is an emergency, please call 911.