

# ABC's Positive Walk



## PURPOSE //

- Promote positivity
- Promote walking as exercise
- Promote students working together

## OBJECTIVE //

- Expand the positive vocabulary students know and are exposed to

## INSTRUCTIONS //

### Application

- Use this activity while out on a group walk.
- Students go through the ABC's taking turns in saying one positive word that begins with each of the letters (Amazing, Beautiful, Caring, etc.).
- Optional - Write these down and then share them with all students who participated.

**Let us know how the activity goes!**

We'd love to hear from you or receive pictures or tag us on social media:

