



Green Ribbons for Mental Health Awareness week

PURPOSE //

- Promote Mental Health Awareness



INSTRUCTIONS //

Materials

- Green Ribbon
- Safety Pins

Application

- The month of October has lots of opportunities to spread the message of good mental health.
- Mental Health Awareness Week is the first week in October.
- World Mental Health Day is October 10th.

Assembly

1. Students can get to know one another while creating the ribbons.
2. You can distribute the ribbons to the whole school.

Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:

