PURPOSE

- Encourage other students to consider who their trusted adults are
- Remind students it is okay to seek help

OBJECTIVE

- Have students think about and write down the names of trusted adults in the school

INSTRUCTIONS

Materials

- Post-It Notes or Index Cards
- Markers or Pens
- Raffle tickets and prizes

Assembly

1. Set up a table with lots of room in the center. (this is where the Post-It Notes will go when filled out)
2. Have stacks of Post-Its and markers ready for students who approach your table.
3. Tell the students who approach your table that they can have a raffle ticket in exchange for simply writing down the name of an adult they know they could talk to if they were struggling. Put their Post-It easily visible on the table.
4. Draw the raffle and give out a prize

Application

- This Activity can be done in a variety of settings. If your school has a club/activities fair or a health fair, this can be a great activity to do at a table where you are already explaining what Erika's Lighthouse does.
- This activity is a quick and easy add-on to any time you might already be presenting about Erika's Lighthouse

- **BONUS**: Keep the names of the trusted adults for another project. One idea is to write a thank you to those folks for being trusted adults to their students.

Let us know how the activity goes!
We'd love to hear from you or receive pictures or tag us on social media:

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