

MORNING ANNOUNCEMENTS

Good morning, (Your School Name Here),
I'm your name here with insert club name.

Mental health is all about how we feel on the inside. Just like how we take care of our bodies by eating healthy food and getting enough exercise, we also need to take care of our minds and feelings.

We want to make our school a safe and inclusive space around mental health and bust the stigma!

Help us spread kindness and awareness by joining the club name.

