Positive Affirmation Bookmarks

PURPOSE

- Create positive affirmation bookmarks to promote well-being
- Color bookmarks to channel creativity
- Spread kindness and positivity around your home, school, or community

INSTRUCTIONS

Materials

- Printed bookmark
- Scissors
- Markers, colored pencils, or crayons

Assembly

1. Print out bookmarks
2. Cut them to size
3. Color/decorate the bookmarks

Application

- After coloring the bookmarks, keep some for your family to use in whatever book you're reading. Hide the extra in other books around the house to find as a surprise later, or go to your local library and hide them in the books for others to find!

Let us know how the activity goes!
We'd love to hear from you or receive pictures or tag us on social media:

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WHAT I HAVE TO SAY IS IMPORTANT

I DESERVE TO BE HAPPY

I AM ENOUGH

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I AM PROUD OF WHO I AM BECOMING

I CAN DO HARD THINGS

MY BEST IS ENOUGH

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