



# Implementing Erika's Lighthouse in Schools

Erika's Lighthouse four pillars are designed to be implemented seamlessly to create a cohesive and meaningful impact on school cultures - making them inclusive and welcoming environments for students, educators and families. Our multi-disciplinary approach helps to extend impact to multiple parties for a greater impact in schools.

Access  
**FREE**  
Programs



! Please notice that each pillar below is designed to be implemented by different disciplines to delegate responsibilities and share work.

	<b>CLASSROOM EDUCATION</b> <i>Suggested Lead: Health Education or Advisory Rooms</i>	<b>EMPOWERMENT CLUBS</b> <i>Suggested Lead: Counseling or SEL</i>	<b>FAMILY ENGAGEMENT</b> <i>Suggested Lead: FACE/Counseling</i>	<b>SCHOOL POLICY &amp; STAFF DEVELOPMENT</b> <i>Suggested Lead: Social Work or Wellness Council</i>
<b>Weeks 1-2</b>	<ul style="list-style-type: none"> <li>Identify appropriate staff person to manage curricula implementation.</li> </ul>	<ul style="list-style-type: none"> <li>Identify appropriate staff person to manage teen empowerment.</li> </ul>	<ul style="list-style-type: none"> <li>Identify appropriate staff person to manage family engagement.</li> </ul>	<ul style="list-style-type: none"> <li>Review all appropriate materials.               <ul style="list-style-type: none"> <li>What Level of Classroom Ed is appropriate for your students?</li> <li>Identify appropriate staff person to manage staff training and policy.</li> </ul> </li> </ul>
<b>Week 3</b>	<ul style="list-style-type: none"> <li>Review selected curriculum to be implemented.</li> </ul>	<ul style="list-style-type: none"> <li>Review Empowerment Resources for school clubs.               <ul style="list-style-type: none"> <li>Do you want to create an Official Erika's Lighthouse Club or use an existing school club as an Affiliate Club?</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Review Family Engagement Resources.               <ul style="list-style-type: none"> <li>Do you want to offer an in-person training, virtual, pre-recorded or both?</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Review Staff Training &amp; Policy Resources.               <ul style="list-style-type: none"> <li>Any staff person in your building may be a trusted adult. Ensure they can support your students.</li> </ul> </li> </ul>
<b>Week 4</b>	<ul style="list-style-type: none"> <li>Provide program implementation training to appropriate educators.</li> </ul>	<ul style="list-style-type: none"> <li>Launch club, have members complete Training Modules.               <ul style="list-style-type: none"> <li>Students can act as a peer leaders to direct students with concerns about mental health to trusted adults.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Prepare Family Letter prior to implementing Classroom Education.</li> </ul>	<ul style="list-style-type: none"> <li>Host All Staff Training on Depression, Suicide, and Being a Trusted Adult               <ul style="list-style-type: none"> <li>Ensure your staff are prepared to be trusted adults for students. Ask them to be Beacon of Hopes.</li> </ul> </li> </ul>
<b>Weeks 5-6</b>	<ul style="list-style-type: none"> <li>Complete the Erika's Lighthouse Report on Impact Form.</li> </ul>	<ul style="list-style-type: none"> <li>Host first Awareness into Action Activity in school - Beacon of Hope signs.               <ul style="list-style-type: none"> <li>This activity will help students identify trusted adults prior to Classroom Education and beyond.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Distribute Family Letter to families.               <ul style="list-style-type: none"> <li>Help families better understand mental health and their children prior to Classroom Education and beyond.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Complete the Erika's Lighthouse Report on Impact Form.</li> </ul>
<b>Weeks 7-8</b>		<ul style="list-style-type: none"> <li>Complete the Erika's Lighthouse Report on Impact Form.</li> </ul>	<ul style="list-style-type: none"> <li>Host Family Workshop (if desired).</li> </ul>	<ul style="list-style-type: none"> <li>Remind staff to be prepared for students that may seek help.               <ul style="list-style-type: none"> <li>Staff may be approached after Classroom Education.</li> </ul> </li> </ul>
<b>Week 9</b>	<ul style="list-style-type: none"> <li>Implement Classroom Education program.               <ul style="list-style-type: none"> <li>Partner with your school counseling or social work to support students that complete Self-Referral Cards.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Ensure mental health staff are ready to respond to completed Self-Referral Cards from Classroom Education.</li> </ul>	<ul style="list-style-type: none"> <li>Provide students Family Engagement Bookmarks to take home during Classroom Education.</li> </ul>	<ul style="list-style-type: none"> <li>Explore our Inclusive School Culture Framework to identify ways to deeper embed positive messaging.</li> </ul>
<b>Weeks 10+</b>	<ul style="list-style-type: none"> <li>Identify ways to educate incoming students throughout the year.</li> </ul>	<ul style="list-style-type: none"> <li>Continue offering Empowerment opportunities via Awareness into Action Activities.</li> </ul>	<ul style="list-style-type: none"> <li>Complete the Erika's Lighthouse Report on Impact Form.</li> </ul>	<ul style="list-style-type: none"> <li>Evaluate program effectiveness.</li> </ul>



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School Name \_\_\_\_\_

Grades Served \_\_\_\_\_

! Please notice that each pillar below is designed to be implemented by different disciplines to delegate responsibilities and share work.

	CLASSROOM EDUCATION	EMPOWERMENT CLUBS	FAMILY ENGAGEMENT	SCHOOL POLICY & STAFF
	Pillar Lead _____ <i>Suggested Lead: Health Education or Advisory Rooms</i>	Pillar Lead _____ <i>Suggested Lead: Counseling or SEL</i>	Pillar Lead _____ <i>Suggested Lead: FACE/Counseling</i>	Pillar Lead _____ <i>Suggested Lead: Social Work or Wellness Council</i>
Due by Date _____	<input type="checkbox"/> Identify appropriate staff person to manage curricula implementation.	<input type="checkbox"/> Identify appropriate staff person to manage teen empowerment.	<input type="checkbox"/> Identify appropriate staff person to manage family engagement.	<input type="checkbox"/> Review all appropriate materials. <input type="checkbox"/> What Level of Classroom Ed is appropriate for your students? Level # <input type="checkbox"/> Identify appropriate staff person to manage staff training and policy.
Due by Date _____	<input type="checkbox"/> Review selected curriculum to be implemented.	<input type="checkbox"/> Review Teen Empowerment Resources for school clubs. <input type="checkbox"/> Do you want to create an Official Erika's Lighthouse Club or use an existing school club as an Affiliate Club?	<input type="checkbox"/> Review Family Engagement Resources. <input type="checkbox"/> Do you want to offer an in-person training, virtual, pre-recorded or both?	<input type="checkbox"/> Review Staff Training & Policy Resources. <input type="checkbox"/> Any staff person in your building may be a trusted adult. Ensure they can support your students.
Due by Date _____	<input type="checkbox"/> Provide program implementation training to appropriate educators.	<input type="checkbox"/> Launch club, have members complete Teen Training Modules. <input type="checkbox"/> Students can act as a peer leaders to direct students with concerns about mental health to trusted adults.	<input type="checkbox"/> Prepare Family Letter prior to implementing Classroom Education.	<input type="checkbox"/> Host All Staff Training on Depression, Suicide, and Being a Trusted Adult <input type="checkbox"/> Ensure your staff are prepared to be trusted adults for students. Ask them to be Beacon of Hopes.
Due by Date _____	<input type="checkbox"/> Complete the Erika's Lighthouse Report on Impact Form.	<input type="checkbox"/> Host first Awareness into Action Activity in school - Beacon of Hope signs. <input type="checkbox"/> This activity will help students identify trusted adults prior to Classroom Education and beyond.	<input type="checkbox"/> Distribute Family Letter to families. <input type="checkbox"/> Help families better understand mental health and their children prior to Classroom Education and beyond.	<input type="checkbox"/> Complete the Erika's Lighthouse Report on Impact Form.
Due by Date _____	<input type="checkbox"/> Implement Classroom Education program. <input type="checkbox"/> Partner with your school counseling or social work to support students that complete Self-Referral Cards.	<input type="checkbox"/> Complete the Erika's Lighthouse Report on Impact Form.	<input type="checkbox"/> Host Family Workshop (if desired).	<input type="checkbox"/> Remind staff to be prepared for students that may seek help. <input type="checkbox"/> Staff may be approached after Classroom Education.
Due by Date _____	<input type="checkbox"/> Identify ways to educate incoming students throughout the year.	<input type="checkbox"/> Ensure mental health staff are ready to respond to completed Self-Referral Cards from Classroom Education.	<input type="checkbox"/> Provide students Family Engagement Bookmarks to take home during Classroom Education.	<input type="checkbox"/> Explore our Inclusive School Culture Framework to identify ways to deeper embed positive messaging.
Due by Date _____		<input type="checkbox"/> Continue offering Empowerment opportunities via Awareness into Action Activities.	<input type="checkbox"/> Complete the Erika's Lighthouse report on Impact Form.	<input type="checkbox"/> Evaluate program effectiveness.