



## Student Assessment Protocol

for Students with Depression

1. The school should establish a Mental Health Assessment Team (or Individual) whose task is to evaluate students who may be suffering from depression.
2. When a student has expressed in writing or verbally or is reported by peers to be thinking about suicide, self-injury or injury to others, every staff member should follow the school's protocol for immediate intervention.
3. When a faculty or staff member notices behaviors that are concerning, he or she should complete the Student Mental Health Checklist and forward it to the Mental Health Assessment Team/Individual for assessment.
4. The Mental Health Assessment Team/Individual should review the Checklist, make personal observations of the child, and request additional information from other staff members to assemble a complete picture of the student's behavior. Based on that initial assessment, a determination should be made whether further action should be taken. Options for support to be considered:
  - Informal accommodations in the classroom, such as: sitting in front of the class to help with attention, providing a safe place for a student to go if he or she is having a particularly difficult day, extra time for homework assignments, class projects and/or tests.
  - School social work or school counseling.
  - Referral to a student support group.
  - Formal evaluation for Section 504 or IDEA/IDEIA interventions/accommodations.
  - Communication with the student's parents so that action can be taken at home or with the student's physician.
  - Referral to an outside agency or private practitioner

If you need to speak with someone immediately, please text LISTEN to 741-741 or call 1-800-273-8255.  
If this is an emergency, please call 911.