



## Materials

- Positivity Shout-Out slips (next page)
- Box or container to hold slips
- Pen

## Application

Place a "Positivity Box" with blank slips in a set location (school office, break room). Encourage staff to write a "shout-out" for their colleagues. These shout-outs can represent a well done bulletin board, an amazing way of helping/encouraging a student, a thank you for lending an extra hand, etc.

Read the "shout-out" slips out loud at your staff meetings.

For more information on teen depression, check out [www.ErikasLighthouse.org](http://www.ErikasLighthouse.org)

## Staff Shout-Out

TO:

FROM:

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TO:

FROM:

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TO:

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TO:

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